

SPORTS SQUIRTS

In association with Westfield Recreation Dept.

AN IDEAL INTRODUCTION TO SPORT FOR 3-5 YEAR OLDS

The US Sports Institute Sport Squirts program has been designed to introduce young children to a variety of sports in a safe, structured environment. All games and activities will encompass hand/eye coordination, balance, agility and movement – all key factors to the early development of children in sport.

In addition to having a great time playing the different sports, children will develop social interaction and communication skills. All sports are developed through a series of games and activities designed to ensure learning and most importantly: fun, fun, fun!

> Sessions take place over a 6 week period. Sessions are 1 hr per day<

TYPICAL SCHEDULE

- Soccer
- Basketball
- Softball
- Hockey
- Lacrosse
- Kids Choice!



This is a typical schedule based on 6 x 1 hour sessions. (Order of sports that actually take place may vary.)

All activities promote hand eye coordination, balance, movement and motor skills.

All sporting equipment is provided by US Sports Institute.

Westfield Sports Squirts

Code	Day	Dates	Location	Times	Cost
FP16	Monday	9.24 to 10.29	Tamaques Park	9:45am to 10:45am	\$105

REGISTER NOW! - 3 easy ways

Register Online: www.USSportsInstitute.com

Register by Phone: (908) 534-5305

Register by Mail: Complete form and mail in

COMMON QUESTIONS

What do players need to bring?

USSI provides all equipment at all classes. All participants are required to arrive in sports appropriate clothing and footwear. Please bring plenty of water/fluids for your child.

How qualified are USSI staff?

All USSI staff have a minimum of 3 years experience in sports education or teaching. Our coaches are not only selected for their sports education qualifications, but also for their ability to inspire, motivate and encourage children. They go through an extensive application process, which includes a police background check. The USSI staff are committed to building confidence and excellence into the lives of your kids.

Name: _____

Age: _____ Date of Birth: _____

Camp Code 1: _____ Town: _____

Camp Code 2: _____ Town: _____

Name: _____

Age: _____ Date of Birth: _____

Camp Code 1: _____ Town: _____

Camp Code 2: _____ Town: _____

Address: _____

Town: _____

Apt. #: _____ State & Zip: _____

Parent Name: _____

Home Phone: _____

Emergency Phone: _____

Email: _____

List any additional medical information by enclosing an additional written document with this application.

I hereby agree to let my child participate in this activity. I understand that there are certain risks of injury inherent in the practice and play of this sport, as well as in traveling and other related activities incidental to my participation, and am willing to assume these risks. I hereby certify that my child is fully capable of participating in the sport and that he/she is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in this activity, except as included in writing with this application. In addition to giving full consent for my child's participation, I do hereby waive, release and hold harmless US Sports Institute Inc, its officers, coaches, sponsors, partners, supervisors and representatives for any injury that may be suffered by my child in the normal course of participation in the sport and the activities incidental thereto, whether the result of negligence or any other cause. I grant permission for my child to receive emergency medical treatment. I grant USSI Inc, permission to use photo or video images of my child in future promotional materials.

Signed: _____ Date: _____

Method of Payment & Registration Info

	Camp 1	+	Camp 2	=	Child Total
Child 1:	\$ _____		\$ _____		\$ _____
Child 2:	\$ _____		\$ _____		\$ _____
GRAND TOTAL:					\$ _____

Receive up to a 25% discount from your Grand Total if you register the same child for multiple USSI programs. For more information and details of other programs in your area, please check the web page or call (908) 534-5305.

<input type="checkbox"/> MasterCard	Card Number: _____
<input type="checkbox"/> VISA	Expiration Date (Month / Year) : _____ / _____
<input type="checkbox"/> Check	Checks payable to: US Sports Institute Mail to: P.O. Box 5435, North Branch, NJ 08876

- Participants should bring a bag lunch and plenty to drink. Appropriate clothing for sporting activities and sneakers should be worn. 2) Your cancelled check is confirmation that your place is confirmed. If you require additional confirmation of enrollment please call (908) 534-5305
- Refunds will not be issued in the event of non-participation. Administration fee of \$50 will be charged for all cancelled registrations where a refund is requested. A credit voucher for the full registration fee is available in place of a refund. No refunds or credits will be issued once a program or camp has started. 4) If a portion of the class is cancelled by USSI due to adverse weather conditions and the time is unable to be made up then a pro rated credit voucher will be issued. Cash refunds will not be issued in the case of weather cancellations.
- A \$10 per player family discount is available for families with more than one child attending once the 1st player has paid in full.